

VICFA  
PO Box 6838  
Charlottesville, VA 22906

Nov. 2012

## VICFA

Virginia Independent Consumers and Farmers Association  
President, Wayne Bolton  
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Editorial Review: Suzi Croes  
Proof Reader: Susan Verbeeck and Shannon Sankar  
Contributing Columnist: Richard Altice and Suzi Croes  
Designer: Shannon Sankar

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[editor@VICFA.net](mailto:editor@VICFA.net) or by mail to Editor, VICFA, PO  
Box 6838, Charlottesville VA 22906.

Members At Large: Richard Altice, Suzi Croes,  
Ed Ely, Pearce Garner

Website: [www.VICFA.org](http://www.VICFA.org)  
E-group: <http://groups.yahoo.com/group/VICFA>

## Share this newsletter with a friend - encourage others to join VICFA!

Annual membership is \$25.00.

Please make check payable to VICFA and send to PO Box 6838, Charlottesville, VA 22906.

### MEMBERSHIP FORM (please print clearly)

\* Required fields

\*Date \_\_\_\_\_  
\*First Name \_\_\_\_\_ \*Last Name \_\_\_\_\_  
Company /Farm Name \_\_\_\_\_  
\*Address \_\_\_\_\_  
\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*Zip \_\_\_\_\_  
County \_\_\_\_\_ Congressional District \_\_\_\_\_  
\*Phone ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_  
E-mail \_\_\_\_\_  
Website \_\_\_\_\_

Producers, please list the products that you sell:

\*Do you want to be listed in the Membership Directory?  Yes  No

Note. Your directory listing will contain all of the above information unless you indicate otherwise below.

How did you hear about VICFA?

Comments:

# VICFA Voice

**Our Mission:** To promote and preserve  
unregulated direct farmer-to-consumer trade that fosters  
availability of locally grown or home-produced food products

November 2012

## In This Issue:

### AN ACCOUNT OF OUR SEPT. 29 EVENT WITH HILTON McCLEAN-TYSONS CORNER

*A collection of highlights from  
the event, plus testimonials  
from guests*

### A SEASON OF GRATITUDE

*As we pause this month, to  
give thanks, VICFA is  
honored to express gratitude  
to everyone who gave of their  
time and talent to help make  
our Sept. 29<sup>th</sup> event such  
a wonderful experience*

### VICFA Notes: November Meeting & Announcements

## An Account of Our "Your Civil Liberties and Food Freedom" Event with Hilton of McLean-Tyson's Corner on Sept. 29 2012

By Richard Altice, Introduction by Suzi Croes

*This year's event, while different from Farm Food Voices in the past, was flawless in execution. The dinner was as enjoyable as it was successful, and made it possible to connect a bridge to an area that is highly populated with people who crave access to the good food of their choice. Many, hearing for the first time of the regulatory obstacles keeping their food choices limited, sat in silence as speaker's Joel Salatin and John Whitehead delivered thought-provoking speeches on food freedom and civil liberties, each with his own distinctive style. Food freedom and civil liberty are not catchy slogans. They are foundational ideas...what make us free men and women. It is this gathering in a different place, far from our familiars, sharing dinner with new and old friends, that remind us that no matter where you are from, these ideas are indeed universal.*

On Sunday, September 29<sup>th</sup>, Wayne Bolton and I traveled together for VICFA's "Your Civil Liberties & Food Freedom" supper at Hilton McLean-Tyson's Corner. It was a long drive from Farmville, Virginia.

The atmosphere was atwitter with excitement among the VICFA members, as we learned that we had 200 plus people coming. Displays were arranged, tables were set up with registration material to check people in, information was pulled out of storage boxes and arranged to be distributed to people who want to know about VICFA and good food. People started arriving and conversations were engaged by Wayne Bolton working the floor. Dick Stevens spoke to first one person and then another as I did the same thing from behind the VICFA table. Christine Solem met some Tea Party members and told them about a law change proposal. Information



Susan Verbeeck provides information at her vendor booth during the event.



Entertaining and informed speaker, Joel Salatin, signs copies of his book for guests of the event.

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was flowing so thickly, that had it been something solid, you could have cut it with a knife. Everywhere, members were conversing. To be able to connect with so many people was great.

Then it was time to move to the dining room for supper and start the speakers. Joel Salatin started and was his usual down-home, honest self, talking about the difference in modern industrialized food and good ol' home-grown style food like our grandparents knew. His humor and down to earth style was filled with information that many in the room were hearing for the first time, which, of course, was the purpose of the supper. When Joel finished, the food was blessed. The wait staff at Hilton did an excellent job of serving us. It seemed like in no time at all everyone had their plate and was enjoying the salad, then chicken with vegetables and the most scrumptious chocolate desert, all prepared from local ingredients by Chef Thomas Elder of hārth restaurant at Hilton.



John W. Whitehead was an eye-opening speaker.

John Whitehead, founder of the Rutherford Institute, spoke after our meal. He told us of the things that the government, in its infinite wisdom, is doing for us. He related stories of peaceful dairymen being raided, as if they were terrorists or a drug gang, by SWAT teams; of rabbit farmers forced out of business for permit mistakes, of the ever mounting plethora; of laws and regulations that stifle and close small farms who just want to make good, clean food available

to the consumer. Both speakers were absolutely fabulous. I was proud to be there and to have added my small contribution to the event.

We manned the tables again, as more people were requesting our brochures and to donate and join VICFA. This group of about 250 people had had exposure to a lot of new information from the 8 vendors and our VICFA members; and I am sure that new friendships were forged. I feel that we had a most satisfying night that both met and exceeded our expectations for this special event.

### What Others Are Saying...

“ Having the dinner event in Northern Virginia at such a fine establishment as Hilton has made a big impact on our “reaching out” efforts. There are so many folks interested in and passionate about what we (VICFA) stand for that have never heard of our association. It was wonderful to meet so many talented and interesting guests and fellow VICFA members! Many of the guests came up to us to thank VICFA for such a fine gathering. ”

- Susan Verbeeck, VICFA board member

“ It was nice to go to a food and farming event that wasn't government subsidized! ”

- Lois Smith, VICFA Vice President

“ Listening to John Whitehead from the Rutherford institute speak with first-hand knowledge on the civil liberty cases that effect our freedoms was validating. It was uplifting to be in a room full of people who share the same concerns me. ”

- Michelle Bielovitz, dinner guest & new VICFA Member

“ Everything was perfect, great food, enlightening speakers, and wonderful guests. The evening was perfectly enjoyable, almost deceptively so, with topics of food control and the loss of our personal freedoms remaining as sobering thoughts after dinner. It was great to come together on this. With all the hard work that everyone put in to make it so, I thank you all, each and every one. ”

- Suzi Croes VICFA board member

“ Not one complaint! ”

- Christine Solem, VICFA Secretary

Photos by Susan and John Verbeeck

## WE WOULD LIKE TO SAY THANK YOU

VICFA extends a very special “Thank You” to EVERYONE who helped to make our Sept. 29<sup>th</sup> event such a successful one:  
(in alphabetical order):

- |                              |                            |
|------------------------------|----------------------------|
| Richard Altice               | Christina Miller           |
| Michelle Bielovitz           | Lindy Miller               |
| Wayne Bolton                 | Rowena Morrel              |
| Ann Buteau                   | Nourish Market             |
| Brian Croes                  | Rene Pinon                 |
| Suzi Croes                   | Joel Salatin               |
| Chef Thomas Elder            | Shannon Sankar             |
| Paula Fensom                 | Jay Smith                  |
| Kim Hartke                   | Lois Smith                 |
| Hilton McLean-Tyson's Corner | Christine Solem            |
| Kathy Kramer                 | Dick Stevens               |
| Rik Lawhorne                 | Susan Verbeeck             |
| Rose Lawhorne                | Weston A. Price Foundation |
| Sarah and Scott Mckeenon     | John W. Whitehead          |

### We'd also like to thank...

- All of the vendors who participated
- Anyone else who contributed to this event!

If we have left out a name, please feel free to let us know  
- and rest assured that your participation is highly appreciated!

# VICFA Notes

## Don't miss our Nov. Meeting

The Nov. Meeting will be held in Beaverdam, VA on Nov. 11, 2012.

**\*\* REGULAR HOURS ARE NOW IN EFFECT \*\***

We will share in a potluck lunch at 12:00 pm, followed by our general business meeting from 1:00 - 3:00 pm. VICFA membership meetings are open to the public. Please bring a dish and a big helping of enthusiasm to share. Broaden our reach - invite a friend or neighbor to join you.

**Sunday, November 11, 2012**

hosted by Susan Verbeeck

17145 Katy Lane  
Beaverdam, VA 23015

### DIRECTIONS:

**From Charlottesville Area:** Take I-64 towards Gum Spring, VA. Take the Gum Spring Exit. Head toward Cross Country Road (US-522) on Broad Street (US-250). Go for .2 miles. Turn Left onto Cross Country Road (US-522). Go for 3.1 miles. Turn Sharp Right onto Owens Creek Road. Go for 1.6 miles. Turn Left onto Holly Grove Drive. Go for 4.6 miles. Continue on Taylors Creek Road. Go for 2.3 miles. Turn Left onto Clazemont Road. Go for 3.6 miles. Turn Right onto Mountain Road (US-33). Go for 1.9 miles. Continue onto W. Patrick Henry Road (VA-54). Go for 3.7 miles. Turn Left onto Scotchtown Road. Go for .2 miles. Bear Left onto Coatesville Road. Go for 2.4 miles. Turn Right onto Old Ridge Road. Go for 2.4 miles. Turn Right onto Katy Lane. VICFA meeting is on Katy Lane, on the right.

**From Northern Virginia/Richmond Area:** Follow I-95 to the Broad Street Exit (Richmond, VA). Head toward N 9th St on E Broad St (US-250, US-33). Go for 0.1 miles. Turn right onto N 7th St. Go for 0.5 miles. Take ramp onto Richmond-Petersburg Tpke (I-95 N) toward I-64 W/Airport/Charlottesville/Washington. Go for 16.8 miles Take exit #92B/VA-54 W/Ashland onto Courthouse Rd (VA-54 W). Go for 9.7 miles. Turn right onto Scotchtown Rd. Go for 0.2 miles. Bear left onto Coatesville Rd. Go for 3.8 miles. Turn right onto Old Ridge Rd. Go for 2.4 miles. Turn right onto Katy Ln.

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### WELCOME TO THE VICFA BOARD SUSAN VERBEECK

Learn more about Susan. Read her bio at: [www.vicfa.org](http://www.vicfa.org)

## Advertise in VICFA Voice!

**Classified Ad rate per month, prepaid:**  
\$5 first 25 words, \$ 0.20 per word thereafter.

### Display Ad rate per month, prepaid:

PAGE SIZE	1 MONTH	6 MONTHS	12MO.
<b>Full page</b> (size - 8"x10.5")	\$100	\$95	\$90
<b>1/2 page</b> (sizes - 8"x5.25" or 4"x10.5")	\$50	\$47.50	\$45
<b>1/4 page</b> (size - 4"x5.25")	\$25	\$23.75	\$22.50
<b>1/8 page</b> (size - 4"x2.5")	\$12.50	\$11.88	\$11.25